

# Meals on Wheels of Denton County

## May 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Margarita Breaded Chicken <b>Side Items:</b> Rotini Pasta Sliced Carrots Dinner Roll <b>Dessert:</b> Rosy Applesauce	Hamburger <b>Side Items:</b> Lettuce and Tomatoes Ranch Roasted Potatoes Hamburger Bun <b>Dessert:</b> Warm Rice Pudding	Garlic Rosemary Pork Loin <b>Side Items:</b> Macaroni and Cheese Seasoned Greens Wheat Bread <b>Dessert:</b> Blonde Brownie	Baked Sweet Thai Chili Chicken Breast <b>Side Items:</b> Brown Rice Green Peas Wheat Bread <b>Dessert:</b> Fresh Banana	Chopped BBQ Beef <b>Side Items:</b> Chuckwagon Corn Ranch Style Beans Hamburger Bun <b>Dessert:</b> Carnival Cookie
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Chili Macaroni <b>Side Items:</b> Steamed Yellow Squash Mixed Vegetables Texas Bread <b>Dessert:</b> Fruit Cup	Beef Burgundy Meatballs <b>Side Items:</b> Mashed Red Potatoes Peas and Pearl Onions Wheat Bread <b>Dessert:</b> Chocolate Chip Cookie	Creamy Mushroom Tortellini <b>Side Items:</b> Sliced Carrots Steamed Broccoli Dinner Roll <b>Dessert:</b> Strawberry Cupcake	Pimento Cheese <b>Side Items:</b> Tomato Basil Salad Beet Salad Wheat Bread <b>Dessert:</b> Cherry Gelatin	Beef Soft Taco <b>Side Items:</b> Fiesta Rice Mexican Pinto Beans Wheat Tortilla <b>Dessert:</b> Nutty Buddy Bar
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Breaded Chicken Patty with Bechamel Sauce <b>Side Items:</b> Parslied Noodles Sliced Carrots Wheat Bread <b>Dessert:</b> Strawberry Swirl Pudding	Cheeseburger <b>Sides Items:</b> Lettuce and Tomatoes Baked Beans Hamburger Bun <b>Dessert:</b> Warm Apple Crisp	Meatloaf with Tomato Gravy <b>Side Items:</b> Garlic Mashed Potatoes Seasoned Green Beans Dinner Roll <b>Dessert:</b> Lemon Lime Gelatin	Sweet and Sour Beef Meatballs <b>Side Items:</b> Jasmine Rice Oriental Vegetables Wheat Bread <b>Dessert:</b> Fortune Cookies (2)	Battered Pollock Filet <b>Side Items:</b> Sweet Peas Herbed Rice Texas Bread <b>Dessert:</b> Fresh Banana
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Egg and Turkey Sausage Patty <b>Side Items:</b> Stewed Tomatoes Hashbrown Patty No Bread <b>Dessert:</b> French Toast Sticks	Salisbury Steak with Mushroom Gravy <b>Sides Items:</b> Buttered Noodles Steamed Broccoli Texas Bread <b>Dessert:</b> Pineapple Whip	Cheese Enchiladas with Ranchero Sauce <b>Side Items:</b> Cilantro Rice Black Beans and Corn Wheat Tortilla <b>Dessert:</b> Snickerdoodle Cookie	Lemon Rosemary Pork <b>Side Items:</b> Mashed Sweet Potatoes Buttered Brussel Sprouts Wheat Bread <b>Dessert:</b> Fruited Gelatin	Yogurt Dill Chicken Salad <b>Side Items:</b> Pasta Salad Marinated Cucumber Salad Multigrain Bread <b>Dessert:</b> Lemon Bar
<b>29</b>	<b>30</b>	<b>31</b>		
<b>Memorial Day Holiday</b>	Chicken Divan <b>Side Items:</b> Seasoned Spinach Macaroni and Cheese Wheat Bread <b>Dessert:</b> Chocolate Brownie	Beef Meatballs in Tomato Alfredo Sauce <b>Side Items:</b> Rotini Pasta Sautéed Green Beans Dinner Roll <b>Dessert:</b> Vanilla Berry Pudding		<b>*Due to unavailability of certain items, appropriate substitutions may need to be made</b>

## Meals on Wheels of Denton County June 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>*Due to unavailability of certain items, appropriate substitutions may need to be made</b>			<b>1</b> Cheesy Baked Potato Half <b>Side Items:</b> California Mixed Vegetables Seasoned Lentils Texas Bread <b>Dessert:</b> Fresh Banana	<b>2</b> Breaded Chicken Nuggets with Honey Mustard Sauce <b>Side Items:</b> Peas and Carrots Cubed Sweet Potatoes Texas Bread <b>Dessert:</b> Sugar Cookie
<b>5</b> Salmon Croquette <b>Side Items:</b> Penne Pasta Rosemary Carrots Wheat Bread <b>Dessert:</b> Oatmeal Cream Cookie	<b>6</b> Pork Carnitas <b>Side Items:</b> Lettuce and Tomatoes Charro Beans Wheat Tortilla <b>Dessert:</b> Hot Spiced Pineapple	<b>7</b> Mushroom Chopped Steak <b>Side Items:</b> Cheesy Scalloped Potatoes Catalina Mixed Vegetables Dinner Roll <b>Dessert:</b> Frosted Lemon Cake	<b>8</b> Chicken Breast with Creamy Garlic Sauce <b>Side Items:</b> Black-Eyed Peas Squash Medley Texas Bread <b>Dessert:</b> Cherry Whip	<b>9</b> Cranberry Chicken Salad <b>Side Items:</b> Dill Potato Salad Marinated Vegetables Saltine Crackers <b>Dessert:</b> Fresh Orange
<b>12</b> Margarita Breaded Chicken <b>Side Items:</b> Rotini Pasta Sliced Carrots Dinner Roll <b>Dessert:</b> Rosy Applesauce	<b>13</b> Hamburger <b>Side Items:</b> Lettuce and Tomatoes Ranch Roasted Potatoes Hamburger Bun <b>Dessert:</b> Warm Rice Pudding	<b>14</b> Garlic Rosemary Pork Loin <b>Side Items:</b> Macaroni and Cheese Seasoned Greens Wheat Bread <b>Dessert:</b> Blonde Brownie	<b>15</b> Baked Sweet Thai Chili Chicken Breast <b>Side Items:</b> Brown Rice Green Peas Wheat Bread <b>Dessert:</b> Fresh Banana	<b>16</b> Chopped BBQ Beef <b>Side Items:</b> Chuckwagon Corn Ranch Style Beans Hamburger Bun <b>Dessert:</b> Carnival Cookie
<b>19</b> <b>Juneteenth Holiday</b>	<b>20</b> Beef Burgundy Meatballs <b>Side Items:</b> Mashed Red Potatoes Peas and Pearl Onions Wheat Bread <b>Dessert:</b> Chocolate Chip Cookie	<b>21</b> Creamy Mushroom Tortellini <b>Side Items:</b> Sliced Carrots Steamed Broccoli Dinner Roll <b>Dessert:</b> Strawberry Cupcake	<b>22</b> Pimento Cheese <b>Side Items:</b> Tomato Basil Salad Beet Salad Wheat Bread <b>Dessert:</b> Cherry Gelatin	<b>23</b> Beef Soft Taco <b>Side Items:</b> Fiesta Rice Mexican Pinto Beans Wheat Tortilla <b>Dessert:</b> Nutty Buddy Bar
<b>26</b> Breaded Chicken Patty with Bechamel Sauce <b>Side Items:</b> Parslied Noodles Sliced Carrots Wheat Bread <b>Dessert:</b> Strawberry Swirl Pudding	<b>27</b> Cheeseburger <b>Sides Items:</b> Lettuce and Tomatoes Baked Beans Hamburger Bun <b>Dessert:</b> Warm Apple Crisp	<b>28</b> Meatloaf with Tomato Gravy <b>Side Items:</b> Garlic Mashed Potatoes Seasoned Green Beans Dinner Roll <b>Dessert:</b> Lemon Lime Gelatin	<b>29</b> Sweet and Sour Beef Meatballs <b>Side Items:</b> Jasmine Rice Oriental Vegetables Wheat Bread <b>Dessert:</b> Fortune Cookies (2)	<b>30</b> Battered Pollock Filet <b>Side Items:</b> Sweet Peas Herbed Rice Texas Bread <b>Dessert:</b> Fresh Banana