



Meals on Wheels of Denton County December 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made</p>				1
<p>Pimento Cheese Side Items: Marinated Cucumber Salad Beet Salad Multigrain Bread Dessert: Cherry Gelatin</p>				
4	5	6	7	8
<p>Chicken Etouffee Side Items: Brown Rice Simmered Okra Texas Bread Dessert: Lemon Blueberry Crisps</p>	<p>Soft Chicken Taco Side Items: Cilantro Lime Corn Mexican Style Tomatoes Flour Tortilla Dessert: Chocolate Mousse</p>	<p>BBQ Chopped Brisket Side Items: Macaroni and Cheese Peas and Carrots Texas Bread Dessert: Banana Pudding</p>	<p>Red Beans and Rice Side Items: California Vegetable Blend Sauteed Spinach Cornbread Muffin Dessert: Fruited Gelatin</p>	<p>Beef Burgundy Steak Side Items: Buttered Noodles Steamed Broccoli Wheat Bread Dessert: Snickerdoodle Cookie</p>
11	12	13	14	15
<p>Mongolian Beef Meatballs Side Items: White Rice Chinese Cabbage Wheat Bread Dessert: Oatmeal Raisin Cookie</p>	<p>Creamy Vegetable Potato Stew Side Items: Squash, Zucchini, and Carrots Green Peas Texas Bread Dessert: Fig Bar</p>	<p>Meatloaf with Tomato Sauce Side Items: Pesto Penne Pasta Catalina Mixed Vegetables Wheat Bread Dessert: Lemon Bar</p>	<p>BBQ Pork Rib Patty Side Items: Ranch Roasted Potatoes Lettuce and Tomato Hamburger Bun Dessert: Warm Spiced Pineapple</p>	<p>Breaded Chicken Nuggets with Honey Mustard Sauce Side Items: Whipped Potatoes Sliced Carrots Multigrain Bread Dessert: Fresh Banana</p>
18	19	20	21	22
<p>Tomato Basil Mozzarella Pasta Side Items: California Vegetable Blend Steamed Corn Wheat Bread Dessert: Fresh Fruit</p>	<p>Beef Soft Taco Side Items: Yellow Rice Mexican Pinto Beans Flour Tortilla Dessert: Graham Crackers</p>	<p>Swiss Steak Side Items: Herbed Rice Steamed Broccoli Dinner Roll Dessert: Carnival Cookie</p>	<p>Gourmet Chicken Salad Side Items: Pasta Salad Marinated Cucumber Salad Multigrain Bread Dessert: Oat Bran Muffin</p>	<p>Christmas Holiday</p> 
25	26	27	28	29
<p>Christmas Holiday</p> 	<p>Christmas Holiday</p> 	<p>Pork Carnitas Side Items: Spanish Rice Seasoned Black Beans Flour Tortilla Dessert: Carrot Cake</p>	<p>Cheeseburger Side Items: Baked Beans Lettuce and Tomato Hamburger Bun Dessert: Warm Rice Pudding</p>	<p>Salmon Croquette Side Items: Black-Eyed Peas Seasoned Cabbage Texas Bread Dessert: Fruited Gelatin</p>

Meals on Wheels of Denton County January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 New Year's Day	2 Salisbury Steak with Mushroom Gravy Sides Items: Garlic Mashed Potatoes Seasoned Spinach Texas Bread Dessert: Brownie	3 Sliced Turkey with Cranberry Compote Side Items: Cornbread Dressing Herbed Green Beans No Bread Dessert: Pumpkin Bar	4 Creamy Dijon Pork Loin Side Items: Parslied Noodles Buttered Brussels Sprouts Texas Bread Dessert: Fresh Banana	5 Breaded Chicken Patty with Honey BBQ Sauce Side Items: Confetti Rice California Blend Vegetables Multigrain Bread Dessert: Caramel Vanilla Pudding
8 Italian Shells and Cheese Side Items: Sliced Carrots Steamed Yellow Squash Texas Bread Dessert: Fresh Fruit	9 Turkey Sausage with Gravy Side Items: Hashbrown Patty Stewed Tomatoes Biscuit Dessert: Fresh Orange	10 Beef Enchiladas with Red Sauce Side Items: Fiesta Rice Charro Beans Flour Tortilla Dessert: Blonde Brownie	11 Swiss Burger Side Items: Crispy Cubed Potatoes Lettuce and Tomato Hamburger Bun Dessert: Hot Cinnamon Applesauce	12 Pimento Cheese Side Items: Marinated Cucumber Salad Beet Salad Multigrain Bread Dessert: Cherry Gelatin
15 Martin Luther King Day	16 Soft Chicken Taco Side Items: Cilantro Lime Corn Mexican Style Tomatoes Flour Tortilla Dessert: Chocolate Mousse	17 BBQ Chopped Brisket Side Items: Macaroni and Cheese Peas and Carrots Texas Bread Dessert: Banana Pudding	18 Red Beans and Rice Side Items: California Vegetable Blend Sauteed Spinach Cornbread Muffin Dessert: Fruited Gelatin	19 Beef Burgundy Steak Side Items: Buttered Noodles Steamed Broccoli Wheat Bread Dessert: Snickerdoodle Cookie
22 Mongolian Beef Meatballs Side Items: White Rice Chinese Cabbage Wheat Bread Dessert: Oatmeal Raisin Cookie	23 Creamy Vegetable Potato Stew Side Items: Squash, Zucchini, and Carrots Green Peas Texas Bread Dessert: Fig Bar	24 Meatloaf with Tomato Sauce Side Items: Pesto Penne Pasta Catalina Mixed Vegetables Wheat Bread Dessert: Lemon Bar	25 BBQ Pork Rib Patty Side Items: Ranch Roasted Potatoes Lettuce and Tomato Hamburger Bun Dessert: Warm Spiced Pineapple	26 Breaded Chicken Nuggets with Honey Mustard Sauce Side Items: Whipped Potatoes Sliced Carrots Multigrain Bread Dessert: Fresh Banana
29 Tomato Basil Mozzarella Pasta Side Items: California Vegetable Blend Steamed Corn Wheat Bread Dessert: Fresh Fruit	30 Beef Soft Taco Side Items: Yellow Rice Mexican Pinto Beans Flour Tortilla Dessert: Graham Crackers	31 Swiss Steak Side Items: Herbed Rice Steamed Broccoli Dinner Roll Dessert: Carnival Cookie		*Due to unavailability of certain items, appropriate substitutions may need to be made