

Meals on Wheels of Denton County March 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Due to unavailability of certain items, appropriate substitutions may need to be made</p>				<p>1</p> <p>Beef Burgundy Steak Side Items: Buttered Noodles Steamed Broccoli Wheat Bread Dessert: Snickerdoodle Cookie</p>
<p>4</p> <p>Mongolian Beef Meatballs Side Items: White Rice Chinese Cabbage Wheat Bread Dessert: Oatmeal Raisin Cookie</p>	<p>5</p> <p>Creamy Vegetable Potato Stew Side Items: Squash, Zucchini, and Carrots Green Peas Texas Bread Dessert: Fig Bar</p>	<p>6</p> <p>Meatloaf with Tomato Sauce Side Items: Pesto Penne Pasta Catalina Mixed Vegetables Wheat Bread Dessert: Lemon Bar</p>	<p>7</p> <p>BBQ Pork Rib Patty Side Items: Ranch Roasted Potatoes Lettuce and Tomato Hamburger Bun Dessert: Warm Spiced Pineapple</p>	<p>8</p> <p>Breaded Chicken Nuggets with Honey Mustard Sauce Side Items: Whipped Potatoes Sliced Carrots Multigrain Bread Dessert: Fresh Banana</p>
<p>11</p> <p>Tomato Basil Mozzarella Pasta Side Items: California Vegetable Blend Steamed Corn Wheat Bread Dessert: Fresh Fruit</p>	<p>12</p> <p>Beef Soft Taco Side Items: Yellow Rice Mexican Pinto Beans Flour Tortilla Dessert: Graham Crackers</p>	<p>13</p> <p>Swiss Steak Side Items: Herbed Rice Steamed Broccoli Dinner Roll Dessert: Carnival Cookie</p>	<p>14</p> <p>Gourmet Chicken Salad Side Items: Pasta Salad Marinated Cucumber Salad Multigrain Bread Dessert: Oat Bran Muffin</p>	<p>15</p> <p>Herb Glazed Turkey Side Items: Whipped Sweet Potatoes Mixed Vegetables Texas Bread Dessert: Red Velvet Cupcake</p>
<p>18</p> <p>Sweet and Sour Beef Meatballs Side Items: Jasmine Rice Oriental Vegetables Wheat Bread Dessert: Fortune Cookie</p>	<p>19</p> <p>Turkey Pasta Bolognese Sides Items: Italian Herbed Broccoli Sliced Carrots Multigrain Bread Dessert: Chocolate Chip Cookie</p>	<p>20</p> <p>Pork Carnitas Side Items: Spanish Rice Seasoned Black Beans Flour Tortilla Dessert: Carrot Cake</p>	<p>21</p> <p>Cheeseburger Side Items: Baked Beans Lettuce and Tomato Hamburger Bun Dessert: Warm Rice Pudding</p>	<p>22</p> <p>Salmon Croquette Side Items: Black-Eyed Peas Seasoned Cabbage Texas Bread Dessert: Fruited Gelatin</p>
<p>25</p> <p>Chicken and Dumplings Side Items: Winter Blend Vegetables Peas and Carrots Saltine Crackers Dessert: Spice Cake</p>	<p>26</p> <p>Salisbury Steak with Mushroom Gravy Sides Items: Garlic Mashed Potatoes Seasoned Spinach Texas Bread Dessert: Brownie</p>	<p>27</p> <p>Sliced Turkey with Cranberry Compote Side Items: Cornbread Dressing Herbed Green Beans No Bread Dessert: Pumpkin Bar</p>	<p>28</p> <p>Creamy Dijon Pork Loin Side Items: Parslied Noodles Buttered Brussels Sprouts Texas Bread Dessert: Fresh Banana</p>	<p>29</p> <p style="text-align: center;">Good Friday Holiday</p>

Meals on Wheels of Denton County

April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Korean BBQ Beef Meatballs Side Items: Jasmine Rice Oriental Vegetables Wheat Bread Dessert: Fortune Cookie	Honey Glazed Ham Sides Items: Macaroni and Cheese California Blend Vegetables Cornbread Muffin Dessert: Fresh Fruit	Chicken Alfredo with Bowtie Pasta Side Items: Seasoned Sliced Carrots Green Beans with Red Peppers Dinner Roll Dessert: Red Velvet Cupcake	Hamburger Side Items: Lettuce and Tomatoes Baked Beans Hamburger Bun Dessert: Warm Spiced Mandarin Oranges	Jamaican Jerk Chicken Breast Side Items: White Rice Seasoned Lentils Multigrain Bread Dessert: Lime Gelatin
8	9	10	11	12
BBQ Pork Rib Patty Side Items: Penne Pasta Seasoned Spinach Texas Bread Dessert: Fresh Fruit	Chicken Meatballs in Feta Cream Sauce Sides Items: Lemon Rice Tzatziki Sauce with Lettuce Wheat Pita Bread Dessert: Warm Cinnamon Applesauce	Country Fried Steak with Cream Gravy Side Items: Garlic Mashed Potatoes Seasoned Green Beans Dinner Roll Dessert: Chocolate Chip Cookie	Beef Enchiladas with Red Sauce Side Items: Yellow Rice Black Beans Flour Tortilla Dessert: Cherry Gelatin	Chicken Spaghetti Side Items: Green Peas Winter Blend Vegetables Multigrain Bread Dessert: Chocolate Cake
15	16	17	18	19
Chili Macaroni Side Items: Steamed Yellow Squash Mixed Vegetables Texas Bread Dessert: Fresh Fruit	Pork Carnitas Side Items: Lettuce and Tomato Charro Beans Flour Tortilla Dessert: Warm Rice Pudding	Beef Meatballs in Marinara Sauce Side Items: Rotini Pasta Catalina Blend Vegetables Dinner Roll Dessert: Glazed Vanilla Cake	Zesty Baja Chicken Salad Side Items: Honey Lime Corn Black Bean Salad Saltine Crackers Dessert: Fresh Banana	Potato Crusted Pollock Side Items: Herbed Rice Broccoli and Carrots Wheat Bread Dessert: Nutty Buddy Bar
22	23	24	25	26
Beef Burgundy Side Items: Mashed Potatoes Brussels Sprouts Texas Bread Dessert: Oatmeal Raisin Cookie	Italian Marinated Beef Tips Side Items: Penne Pasta Sliced Rosemary Carrots Dinner Roll Dessert: Vanilla Wafers	Dijon Herb Pork Roast Side Items: Rice Florentine Green Beans and Tomatoes Cornbread Muffin Dessert: Chocolate Pie Parfait	Three Cheese Baked Ziti Side Items: Green Peas California Blend Vegetables Wheat Bread Dessert: Strawberry Cupcake	Cranberry Chicken Salad Side Items: Tangy Coleslaw Beet Salad Multigrain Bread Dessert: Fresh Fruit
29	30			
Breaded Chicken Tenders with BBQ Sauce Side Items: Macaroni and Cheese Sliced Carrots Multigrain Bread Dessert: Graham Crackers	Teriyaki Pork Loin Side Items: White Rice Seasoned Cabbage Wheat Bread Dessert: Fresh Banana			*Due to unavailability of certain items, appropriate substitutions may need to be made