

Meals on Wheels of Denton County

April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Korean BBQ Beef Meatballs Side Items: Jasmine Rice Oriental Vegetables Wheat Bread Dessert: Fortune Cookie	2 Honey Glazed Ham Sides Items: Macaroni and Cheese California Blend Vegetables Cornbread Muffin Dessert: Fresh Fruit	3 Chicken Alfredo with Bowtie Pasta Side Items: Seasoned Sliced Carrots Green Beans with Red Peppers Dinner Roll Dessert: Red Velvet Cupcake	4 Hamburger Side Items: Lettuce and Tomatoes Baked Beans Hamburger Bun Dessert: Warm Spiced Mandarin Oranges	5 Jamaican Jerk Chicken Breast Side Items: White Rice Seasoned Lentils Multigrain Bread Dessert: Lime Gelatin
8 BBQ Pork Rib Patty Side Items: Penne Pasta Seasoned Spinach Texas Bread Dessert: Fresh Fruit	9 Chicken Meatballs in Feta Cream Sauce Sides Items: Lemon Rice Tzatziki Sauce with Lettuce Wheat Pita Bread Dessert: Warm Cinnamon Applesauce	10 Country Fried Steak with Cream Gravy Side Items: Garlic Mashed Potatoes Seasoned Green Beans Dinner Roll Dessert: Chocolate Chip Cookie	11 Beef Enchiladas with Red Sauce Side Items: Yellow Rice Black Beans Flour Tortilla Dessert: Cherry Gelatin	12 Chicken Spaghetti Side Items: Green Peas Winter Blend Vegetables Multigrain Bread Dessert: Chocolate Cake
15 Chili Macaroni Side Items: Steamed Yellow Squash Mixed Vegetables Texas Bread Dessert: Fresh Fruit	16 Pork Carnitas Side Items: Lettuce and Tomato Charro Beans Flour Tortilla Dessert: Warm Rice Pudding	17 Beef Meatballs in Marinara Sauce Side Items: Rotini Pasta Catalina Blend Vegetables Dinner Roll Dessert: Glazed Vanilla Cake	18 Zesty Baja Chicken Salad Side Items: Honey Lime Corn Black Bean Salad Saltine Crackers Dessert: Fresh Banana	19 Potato Crusted Pollock Side Items: Herbed Rice Broccoli and Carrots Wheat Bread Dessert: Nutty Buddy Bar
22 Beef Burgundy Side Items: Mashed Potatoes Brussels Sprouts Texas Bread Dessert: Oatmeal Raisin Cookie	23 Italian Marinated Beef Tips Side Items: Penne Pasta Sliced Rosemary Carrots Dinner Roll Dessert: Vanilla Wafers	24 Dijon Herb Pork Roast Side Items: Rice Florentine Green Beans and Tomatoes Cornbread Muffin Dessert: Chocolate Pie Parfait	25 Three Cheese Baked Ziti Side Items: Green Peas California Blend Vegetables Wheat Bread Dessert: Strawberry Cupcake	26 Cranberry Chicken Salad Side Items: Tangy Coleslaw Beet Salad Multigrain Bread Dessert: Fresh Fruit
29 Breaded Chicken Tenders with BBQ Sauce Side Items: Macaroni and Cheese Sliced Carrots Multigrain Bread Dessert: Graham Crackers	30 Teriyaki Pork Loin Side Items: White Rice Seasoned Cabbage Wheat Bread Dessert: Fresh Banana			*Due to unavailability of certain items, appropriate substitutions may need to be made

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<p>*Due to unavailability of certain items, appropriate substitutions may need to be made</p>		1	2	3
		Chicken Fajita with Onions and Peppers Side Items: Yellow Rice Pinto Beans Flour Tortilla Dessert: Snickerdoodle Cookie	Hamburger Side Items: Lettuce and Tomato Roasted Potatoes Hamburger Bun Dessert: Warm Spiced Pineapple Tidbits	Salmon Croquette Side Items: Black-Eyed Peas Seasoned Spinach Texas Bread Dessert: Fruited Gelatin
6	7	8	9	10
Cheese Omelet Side Items: Stewed Tomatoes Hashbrown Patty No Bread Dessert: French Toast Sticks with Sugar Free Syrup	BBQ Pulled Chicken Side Items: Peas and Carrots Ranch Style Beans Texas Bread Dessert: Frosted Cherry Cake	Mushroom Chopped Steak Side Items: Cheesy Scalloped Potatoes Catalina Mixed Vegetables Dinner Roll Dessert: Fresh Fruit	Yogurt Dill Chicken Salad Side Items: Pasta Salad Marinated Cucumber Salad Multigrain Bread Dessert: Peach Whip	Beef Soft Taco Side Items: Whipped Sweet Potatoes Mixed Vegetables Flour Tortilla Dessert: Carnival Cookie
13	14	15	16	17
Korean BBQ Beef Meatballs Side Items: Jasmine Rice Oriental Vegetables Wheat Bread Dessert: Fortune Cookie	Honey Glazed Ham Sides Items: Macaroni and Cheese California Blend Vegetables Cornbread Muffin Dessert: Fresh Fruit	Chicken Alfredo with Bowtie Pasta Side Items: Seasoned Sliced Carrots Green Beans with Red Peppers Dinner Roll Dessert: Red Velvet Cupcake	Hamburger Side Items: Lettuce and Tomatoes Baked Beans Hamburger Bun Dessert: Warm Spiced Mandarin Oranges	Jamaican Jerk Chicken Breast Side Items: White Rice Seasoned Lentils Multigrain Bread Dessert: Lime Gelatin
20	21	22	23	24
BBQ Pork Rib Patty Side Items: Penne Pasta Seasoned Spinach Texas Bread Dessert: Fresh Fruit	Chicken Meatballs in Feta Cream Sauce Sides Items: Lemon Rice Tzatziki Sauce with Lettuce Wheat Pita Bread Dessert: Warm Cinnamon Applesauce	Country Fried Steak with Cream Gravy Side Items: Garlic Mashed Potatoes Seasoned Green Beans Dinner Roll Dessert: Chocolate Chip Cookie	Beef Enchiladas with Red Sauce Side Items: Yellow Rice Black Beans Flour Tortilla Dessert: Cherry Gelatin	Chicken Spaghetti Side Items: Green Peas Winter Blend Vegetables Multigrain Bread Dessert: Chocolate Cake
27	28	29	30	31
Memorial Day Holiday	Pork Carnitas Side Items: Lettuce and Tomato Charro Beans Flour Tortilla Dessert: Warm Rice Pudding	Beef Meatballs in Marinara Sauce Side Items: Rotini Pasta Catalina Blend Vegetables Dinner Roll Dessert: Glazed Vanilla Cake	Zesty Baja Chicken Salad Side Items: Honey Lime Corn Black Bean Salad Saltine Crackers Dessert: Fresh Banana	Potato Crusted Pollock Side Items: Herbed Rice Broccoli and Carrots Wheat Bread Dessert: Nutty Buddy Bar