

Meals on Wheels of Denton County June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Beef Burgundy Side Items: Mashed Potatoes Brussels Sprouts Texas Bread Dessert: Oatmeal Raisin Cookie	Italian Marinated Beef Tips Side Items: Penne Pasta Sliced Rosemary Carrots Dinner Roll Dessert: Vanilla Wafers	Dijon Herb Pork Roast Side Items: Rice Florentine Green Beans and Tomatoes Cornbread Muffin Dessert: Chocolate Pie Parfait	Three Cheese Baked Ziti Side Items: Green Peas California Blend Vegetables Wheat Bread Dessert: Strawberry Cupcake	Cranberry Chicken Salad Side Items: Tangy Coleslaw Beet Salad Multigrain Bread Dessert: Fresh Fruit
10	11	12	13	14
Breaded Chicken Tenders with BBQ Sauce Side Items: Macaroni and Cheese Sliced Carrots Multigrain Bread Dessert: Graham Crackers	Teriyaki Pork Loin Side Items: White Rice Seasoned Cabbage Wheat Bread Dessert: Fresh Banana	Chicken Fajita with Onions and Peppers Side Items: Yellow Rice Pinto Beans Flour Tortilla Dessert: Snickerdoodle Cookie	Hamburger Side Items: Lettuce and Tomato Roasted Potatoes Hamburger Bun Dessert: Warm Spiced Pineapple Tidbits	Salmon Croquette Side Items: Black-Eyed Peas Seasoned Spinach Texas Bread Dessert: Fruited Gelatin
17	18	19	20	21
Cheese Omelet Side Items: Stewed Tomatoes Hashbrown Patty No Bread Dessert: French Toast Sticks with Sugar Free Syrup	BBQ Pulled Chicken Side Items: Peas and Carrots Ranch Style Beans Texas Bread Dessert: Frosted Cherry Cake	Juneteenth Holiday	Yogurt Dill Chicken Salad Side Items: Pasta Salad Marinated Cucumber Salad Multigrain Bread Dessert: Peach Whip	Beef Soft Taco Side Items: Whipped Sweet Potatoes Mixed Vegetables Flour Tortilla Dessert: Carnival Cookie
24	25	26	27	28
Korean BBQ Beef Meatballs Side Items: Jasmine Rice Oriental Vegetables Wheat Bread Dessert: Fortune Cookie	Honey Glazed Ham Sides Items: Macaroni and Cheese California Blend Vegetables Cornbread Muffin Dessert: Fresh Fruit	Chicken Alfredo with Bowtie Pasta Side Items: Seasoned Sliced Carrots Green Beans with Red Peppers Dinner Roll Dessert: Red Velvet Cupcake	Hamburger Side Items: Lettuce and Tomatoes Baked Beans Hamburger Bun Dessert: Warm Spiced Mandarin Oranges	Jamaican Jerk Chicken Breast Side Items: White Rice Seasoned Lentils Multigrain Bread Dessert: Lime Gelatin
				*Due to unavailability of certain items, appropriate substitutions may need to be made

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Pork Rib Patty Side Items: Penne Pasta Seasoned Spinach Texas Bread Dessert: Fresh Fruit	2 Chicken Meatballs in Feta Cream Sauce Sides Items: Lemon Rice Tzatziki Sauce with Lettuce Wheat Pita Bread Dessert: Warm Cinnamon Applesauce	3 Country Fried Steak with Cream Gravy Side Items: Garlic Mashed Potatoes Seasoned Green Beans Dinner Roll Dessert: Chocolate Chip Cookie	4 Fourth of July Holiday	5 Chicken Spaghetti Side Items: Green Peas Winter Blend Vegetables Multigrain Bread Dessert: Chocolate Cake
8 Chili Macaroni Side Items: Steamed Yellow Squash Mixed Vegetables Texas Bread Dessert: Fresh Fruit	9 Pork Carnitas Side Items: Lettuce and Tomato Charro Beans Flour Tortilla Dessert: Warm Rice Pudding	10 Beef Meatballs in Marinara Sauce Side Items: Rotini Pasta Catalina Blend Vegetables Dinner Roll Dessert: Glazed Vanilla Cake	11 Zesty Baja Chicken Salad Side Items: Honey Lime Corn Black Bean Salad Saltine Crackers Dessert: Fresh Banana	12 Potato Crusted Pollock Side Items: Herbed Rice Broccoli and Carrots Wheat Bread Dessert: Nutty Buddy Bar
15 Beef Burgundy Side Items: Mashed Potatoes Brussels Sprouts Texas Bread Dessert: Oatmeal Raisin Cookie	16 Italian Marinated Beef Tips Side Items: Penne Pasta Sliced Rosemary Carrots Dinner Roll Dessert: Vanilla Wafers	17 Dijon Herb Pork Roast Side Items: Rice Florentine Green Beans and Tomatoes Cornbread Muffin Dessert: Chocolate Pie Parfait	18 Three Cheese Baked Ziti Side Items: Green Peas California Blend Vegetables Wheat Bread Dessert: Strawberry Cupcake	19 Cranberry Chicken Salad Side Items: Tangy Coleslaw Beet Salad Multigrain Bread Dessert: Fresh Fruit
22 Breaded Chicken Tenders with BBQ Sauce Side Items: Macaroni and Cheese Sliced Carrots Multigrain Bread Dessert: Graham Crackers	23 Teriyaki Pork Loin Side Items: White Rice Seasoned Cabbage Wheat Bread Dessert: Fresh Banana	24 Chicken Fajita with Onions and Peppers Side Items: Yellow Rice Pinto Beans Flour Tortilla Dessert: Snickerdoodle Cookie	25 Hamburger Side Items: Lettuce and Tomato Roasted Potatoes Hamburger Bun Dessert: Warm Spiced Pineapple Tidbits	26 Salmon Croquette Side Items: Black-Eyed Peas Seasoned Spinach Texas Bread Dessert: Fruited Gelatin
29 Cheese Omelet Side Items: Stewed Tomatoes Hashbrown Patty No Bread Dessert: French Toast Sticks with Sugar Free Syrup	30 BBQ Pulled Chicken Side Items: Peas and Carrots Ranch Style Beans Texas Bread Dessert: Frosted Cherry Cake	31 Mushroom Chopped Steak Side Items: Cheesy Scalloped Potatoes Catalina Mixed Vegetables Dinner Roll Dessert: Fresh Fruit	*Due to unavailability of certain items, appropriate substitutions may need to be made	